

25

AIZU BAL

TEL

0242-36-7257

Add.

965-0042

大町1-9-5 石川ビル1 F

Hours

11:30-14:00L.O. 18:00-21:30L.O.

OFF

OPEN 365 days a year

Asparagus Spanish Iemmon Ajillo style

Enjoy asparagus in a Spanish Ajillo style. You can savor of the ingredients flavor directly. The homemade salt pork adds the taste. You can have authentic Spanish cuisine here.

¥ 950

26

Ramen Izakaya Juraku

TEL

0242-24-8641

Add.

965-0035 馬場町2-45

Hours

18:00-0:20L.O.

OFF

Sundays

Aizu curry Yakisoba (fried asparagus)

A restaurant selected as one of the top 100 Japanese taverns where you can enjoy Aizu local cuisine and Aizu sake. Stir-fried Asparagus with Italian organic olive oil. Enjoy its elegant sweetness and soft texture.

¥ 1,100

27

AIZUIZAKAYA-KAGOTA

TEL

0242-32-5380

Add.

965-0871 栄町8-49

Hours

17:00-22:00

OFF

Sundays

Asparagus with olive oil

A restaurant selected as one of the top 100 Japanese taverns where you can enjoy Aizu local cuisine and Aizu sake. Stir-fried Asparagus with Italian organic olive oil. Enjoy its elegant sweetness and soft texture.

¥ 650

28

NEBOKECHAYA

TEL

0242-32-8088

Add.

965-0801 宮町4-6

Hours

17:00-23:00

OFF

Third Sunday

Pork asparagus roll

Asparagus wrapped in thinly sliced pork meat with black pepper and salt. It is grilled on skewers. Working on local consumption of locally produced products, our restaurant is loved not only by local regular customers but also by business people and tourists.

¥ 450

29

ISYOKUYA-TAIHEIRAKU

TEL

0242-29-6385

Add.

965-0008 松町3-3

Hours

17:00-22:00

OFF

Irregular holidays

Aizu asparagus bacon roll

The regular menu of take-away is asparagus wrapped with bacon. Enjoy the sweetness of Aizu asparagus. It's voluminous, but you can enjoy the taste of Aizu at a low price. Aizu Basashi (horse sashimi) is also recommended.

¥ 496

30

SAISYOKUSAIISYU-AIZUKKO

TEL

0242-32-6232

Add.

965-0871 栄町4-49

Hours

17:00-22:00L.O

OFF

Sundays

Pickles with asparagus and dried cod

Dried cod dishes that have been eaten since ancient times in Aizu. Aizu Asparagus is soaked in soy sauce enriched with Japanese broth overnight. It is Aizukko's specialty.

¥ 410

31

IZAKAYA-YEBISUTEI

TEL

0242-23-1318

Add.

965-0034 上町1-26

Hours

17:00-22:00L.O

OFF

Sundays

Foil steamed Asparagus

You can choose between steamed thick asparagus or grilled thick asparagus. It is a popular menu. We are proud of our Aizu vegetable dishes. There are many Aizu local sake selections.

¥ 810~

32

IZAKAYA-DAITORYO

TEL

0242-88-2886

Add.

965-0034 上町1-20

Hours

17:00-22:00L.O

OFF

Sundays

Asparagus cream cheese Prosciutto roll

This dish is like Italian food. Taste asparagus and cheese. In order to taste the fresh Aizu asparagus, it was simply seasoned with olive oil and black pepper. We have various menu such as boiled asparagus and tempura.

¥ 648

33

IZAKAYA-MAIZAKA

TEL

0242-24-6420

Add.

965-0034 上町1-19

Hours

17:30-23:30

OFF

Mondays

Grilled Aizu asparagus meatball

The soft Tsukune (chicken ball) and crispy asparagus are a perfect combination. Dip into egg yolk and enjoy the mild taste.

¥ 702

34

ISYOKU-IZAKAYA NAGOMI

TEL

0242-23-5155

Add.

965-0035 馬場町1-33

Hours

17:00-22:30L.O

OFF

Sundays (the following Tuesday if it is a national holiday)

Grilled Asparagus with soft-boiled egg

Grilled Asparagus with the source of soft-boiled egg, parmesan cheese, garlic, and black pepper. There are also many other Asparagus menus.

¥ 880

35

KANPANA

TEL

0242-22-7171

Add.

965-0037 中央1-5-8

Hours

17:00-24:00

OFF

Mondays

Asparagus pork roll Spanish Ajillo style

Asparagus wrapped in the sliced pork meat with black pepper and salt. Spanish Ajillo style. Asparagus Ajillo brings out the flavor and taste of the ingredients.

¥ 820

36

BAKERY & CAFÉ-COPAIN

TEL

0242-93-7566

Add.

965-0005 一箕町亀賀字北柳原52

Hours

10:00-17:00

OFF

Sundays

Asparagus baguette lunch plate

A spring lunch plate with pastami and a whole Aizu asparagus on crispy baguette.

¥ 850

37

PATISSERIE-AR.

TEL

0242-24-0933

Add.

965-0037 中央1-4-15

Hours

10:00-19:00

OFF

OPEN 365 days a year

Cake sale Aizu asparagus

It is a moist, salty new-sense cake that brings out the natural sweetness of Aizu asparagus. This cake with asparagus, paprika, bacon and savory cheese is also recommended as a light meal.

a cake ¥1,728/a piece of cake ¥270

38

AI-MATIERE

TEL

0242-23-8713

Add.

965-0846 門田町飯寺字村東36-4

Hours

9:00-18:00

OFF

Thursday (irregular holidays)

Asparagus and Soy Sauce molt Walnut Bread

It is made from Aizu Koshihikari with olive oil, the Aizu soy sauce molt and the sweet Aizu asparagus. Enjoy the excellent match.

¥ 260

39

KASHITSUKASA-KUMANOYA

TEL

0242-22-7411

Add.

965-0044 七日町5-17

Hours

9:30-17:30

OFF

Irregular holidays

Asparagus sweet bean pancake

Aspara Dorayaki(Japanese sweet bean pancake) made by collaborating the idea of a long-established Japanese-style confectionery store and an agricultural high school home club. Pancakes were hand-baked one by one, sweet asparagus paste and fresh cream is wrapped around with the pancake.

¥ 200

40

PARLOUR-JIRO

TEL

0242-25-2002

Add.

965-0871 栄町2-12

Hours

Weekdays/7:00-20:00 Weekends and holidays/8:00-18:00

OFF

OPEN 365 days a year

Aizu asparagus cream stew

Aizu asparagus cream stew and beef stew. There are various other menus. The morning combo meal is also popular.

¥ 1,080 ¥ 1,180

41

AGRICAFE-C'S

TEL

0242-24-5522

Add.

965-0025 扇町49-2

Hours

11:00-15:30L.O. Lunchtime/11:00-14:00L.O

OFF

First and third Wednesday

Vegetables Doria

Vegetables Doria with spring vegetables and asparagus. Fresh Aizu vegetables are bought from the direct market.

¥ 980

42

CAFÉ-ACTIVE

TEL

0242-23-4361

Add.

965-0005 箕町大字亀賀字藤原22-16

Hours

10:30-16:00

OFF

Weekends

Vegetables pasta set

Great match with fresh asparagus and sautéed seasonal limited special pancakes are also popular.

¥ 980

43

TABI-CAFÉ RICE FIELD

TEL

0242-23-8484

Add.

965-0851 御旗町5-19

Hours

11:00-15:30L.O. (Irregular hours at night)

OFF

Tuesdays/Wednesdays

Aizu asparagus and spaghetti with meat sauce

Cincinnati Chili style Meat sauce pasta. The meat sauce that mixes Aizu asparagus matches the sweetness of the asparagus and the slightly hot spicy sauce.

¥ 900

44

AIZU-HIGASHIYAMA-ONSEN-HARATAKI

TEL

0242-26-4126

Add.

965-0814 東山町大字湯本235

Hours

11:00-15:30L.O.

OFF

OPEN 365 days a year

Aizu fresh asparagus miso dip

half board with dinner and breakfast per night ¥14,040~ We offer you excellent open-air baths with 100% natural hot spring. A specially made miso dip brings out the sweetness of fresh asparagus. Please eat Aizu "fresh spring asparagus" with the most delicious way to eat. Let's enjoy the taste of spring with the specially made rich miso dip.

¥ 14,040~

45

YADO-TAKAYA

TEL

0242-22-2265

Add.

965-0044 七日町5-25

Hours

10:30-16:00

OFF

OPEN 365 days a year

Appetizer of spring asparagus and local vegetables

A Japanese traditional house style hotel with a hearty. You can feel Taisho-roman atmosphere. Eat the season. Love the season. Vivid Shunsai Creative Cuisine. Colorful spring vegetables are on the plate. The seasonal ingredients is so good and rich in colour. Enjoy the artistic vegetables.

¥ 8,100

46

SYOSUKE-NO-YADO-TAKINOUYU

TEL

0242-29-1000

Add.

965-0814 東山町湯本滝ノ湯108

Hours

Irregular hours at night

OFF

OPEN 365 days a year

Asparagus tempura

half board with dinner and breakfast per night ¥12,960~ A long-established hot spring inn founded for over 130 years is a wonderful combination. Please enjoy seasonal asparagus tempura fried with soybean oil, served with Green-tea salt.

¥ 12,960~

47

AIZUASHINOMAKI-ONSEN-OKAWASO

TEL

0242-92-2111

Add.

969-5147 大戸町芦ノ牧下平984

Hours

Irregular holidays

OFF

OPEN 365 days a year

Grilled Aizu asparagus

half board with dinner and breakfast per night ¥12,960~ Located along the valley, Okawaso Hotel offers a wonderful quality natural hot spring water. Please try Carbonara pasta with 2 types of asparagus in thick cream. You can taste two kinds of asparagus and each texture in one plate.

¥ 12,960~

48

HIGASHIYAMA-GRAND-HOTEL

TEL

0242-27-3500

Add.

965-0814 東山町大字湯本上湯本5

Hours

10:30-16:00

OFF

OPEN 365 days a year

Carbonara pasta with 2 types of asparagus in thick cream

half board with dinner and breakfast per night ¥10,928~ Higashiyama Grand Hotel is in Higashiyama where you can enjoy high quality natural hot spring water. Please try Carbonara pasta with 2 types of asparagus in thick cream. You can taste two kinds of asparagus and each texture in one plate.

¥ 10,928~

49

RYORI-RYOKAN-KONJAKUTEI

TEL

0242-26-4126

Add.

965-0814 東山町大字湯本247

Hours

Irregular holidays

OFF

OPEN 365 days a year

Grilled Aizu asparagus and fresh Aizu asparagus

Our hotel has its own hot spring source in good quality and you can enjoy it. The hot spring is poured directly into inner hot spring bath. With sweet and savory "Grilled Asparagus" and "Fresh Asparagus". Please enjoy Aizu-Asparagus with a specially prepared Miso dip.

¥ 18,360~

50

IRORINOYADO-ASHINA

TEL

0242-26-2841

Add.

965-0814 東山町大字湯本下原232-1

Hours

By each store

OFF

OPEN 365 days a year

Salad of local vegetables and asparagus

half board with dinner and breakfast per night ¥21,600~ Seven rooms and seven hearths with Showa atmosphere. Our hotel is a hearty hotel where you can enjoy a delicious meal made of fresh ingredients from Aizu at the hearth. Relax at 100% natural hot spring. Please try carefully selected ingredients and asparagus with original dressing.

¥ 21,600~

51

LION DOR THE SUPERMARKET

TEL

0242-26-2114 (Head office)

Add.

965-0878 中町4-36

Hours

By each store

OFF

OPEN 365 days a year

Fresh Aizu Asparagus

A supermarket in Aizu. In the store the farmer's direct sales corner has a large selection of agricultural products. We are also actively working to contribute to the local community by considering food in Aizu. You can buy fresh Aizu Asparagus.

¥ 10,928~

52

MANMA-JA

TEL

0242-24-0831

Add.

965-0025 扇町49-1

Hours

9:30-18:00

OFF

First Wednesday

Fresh Aizu Asparagus

It is the largest agricultural product direct store in Aizu managed by farmers. We have asparagus selections that farmer brought up carefully.

¥ 10,928~

53

COOP-AIZU

TEL

0242-27-7899 (Head office)

Add.

965-0858 神指町大字南四合字幕内西321-16

Hours

By each store

OFF

OPEN 365 days a year

Fresh Aizu Asparagus

"Contributing to Aizu is our motto because we are in Aizu." We are selling products with the concept of "food safety and low cost" to our customers, placing the pride of the farmers. Fresh asparagus is available.

¥ 10,928~

54

SYUNSAI-KAN

TEL

0242-33-7622

Add.

965-0089 神指町東城戸280

Hours

8:30-13:00

OFF

Sundays

Fresh Aizu Asparagus

A direct sales shop where fresh, safe and secure agricultural products from farmers in Kozashi machi and Kita Aizu machi in Aizuwakamatsu city are lined up.

¥ 10,928~

Classic Town Bus Haikara-san & Akabe

Vintage Bonnet-Style Buses for Sightseeing in Aizuwakamatsu

Single ride 210 yen for adults/110 yen for elementary school children

Haikara-san

Buses leave every 30 minutes from the Aizuwakamatsu Station bus stop (firstbus : 08:00, last bus: 17:30) Anticlockwise direction

Akabe

Buses leave every 30 minutes from the Aizuwakamatsu Station bus stop (firstbus : 09:15, last bus: 16:15) Clockwise direction

Explanatory Notes

Route map

Bus stop

Haikara-san

Haikara-san & Akabe bus stop

Akabe

Haikara-san bus stop

Akabe bus stop

49

RYORI-RYOKAN-KONJAKUTEI

TEL

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Japanese food

Western food/Chinese

Tavern /Japanese Pub

Café

Inn

Shopping

Lunchtime

Night